

Keep Kids Safe In and Around Water

A MESSAGE FROM THE CENTER FOR CHILDHOOD SAFETY...

Nearly 90% of child drownings occur when an adult is present. To adequately supervise a child in and around water, an adult must provide constant supervision with no distractions. Remain close enough to provide immediate assistance if necessary.

Drowning is a silent killer. Drowning victims don't splash or call for help, as seen in the movies. Struggling children don't have the ability to turn face up or stand up - even in a few inches of water.

WATER SAFETY TIPS:

At Home

- provide constant supervision with no distractions
- be aware of potential water hazards

Away from home

- know the water
- know your limits
- wear a life jacket

Every second counts

- learn CPR
- have rescue equipment and phone close by



Drowning is a leading cause of injury death for Washington children.

MultiCare 
Mary Bridge Center for Childhood Safety

For more information, visit: www.multicare.org/childhoodsafety
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