

Please sign me up to help with the KCMSF May 31, 2009 “Fitness Fun Run”!

Name: _____
Phone: _____
E-Mail: _____
Task: _____



TO DO NOW!

- Procurement of participants – distribution of registration forms to fitness clubs/specialty schools/medical offices/sporting good stores and displaying of poster ads around Kitsap County
- Procurement of raffle items – if you have an item you would like to donate to the raffle (value \$15 +) or know of a business that would be willing to donate, we are looking for approx. 20 items. Sport equipment, clothing, gift certificates, safety kits, and theme baskets have been items that we have had in the past.
- Run-Bag stuffing one week prior to the event (date to still be determined)

DAY OF RACE HELP! MAY 31st

- 10:00 AM – Noon – (day of race) help with facility set up at the Kitsap Pavilion (need eight)
- 11:30 AM – 2:30 PM – Information desk and Toe-Token distribution (need three)
- 11:30 AM – 1:30 PM – Shirt Sales (need three and one must be over 18 years)
- 11:30 AM – 3:00 PM – Raffle sales and help drawing winners tickets (need two)
- 11:30 AM – 2:00 PM Registration help (need ten) please let Rebecca know if you plan to participate in the 1 mile or 5K
- 12:30 PM – 2:45 PM- Race Course Volunteers – Passing out water, encouraging and keeping participants on course (need twelve)
- 1:00 PM – 1:45 PM- Finish line volunteers – Passing out ribbons, water-bottles and cheering for support (need six)
- 2:15 PM – 3:00 PM- Finish line volunteers – Passing out ribbons, water-bottles and cheering for support (need six)
- 3:00 PM – 5:30 PM – Facility clean up (need twelve)
- I'm interested in helping wherever needed on the day of the run and will arrive by: _____

Please mail this form to: KCMS – PO BOX 339 – Bremerton, WA 98337 – ATTN: Rebecca Carlson

Or call or e-mail your information to: kcms@telebyte.com or (360) 692-4881 * (360) 689-2928